SS John Fisher & Thomas More Catholic Primary School
A VOLUNTARY ACADEMY

RSHE Consultation – September/October 2026

Thank You

Thank you to all parents and carers who took part in our consultation on Relationships, Sex and Health Education (RSHE). We received 44 responses from families across the school. Your feedback has helped us review our curriculum and ensure that it reflects both statutory requirements and the needs of our school community.

The consultation has provided valuable insight into the views of parents and carers and has helped us identify both areas of strong support and areas where further communication and clarification will be beneficial.

What Parents Told Us

The consultation showed very strong support for the vast majority of the proposed curriculum content. Parents overwhelmingly agreed that children should learn about:

- Personal safety and safeguarding
- Healthy friendships and relationships
- Respect, kindness and inclusion
- Online safety and digital wellbeing
- Emotional wellbeing and mental health
- Understanding and seeking support from trusted adults
- Consent, boundaries and personal safety
- Basic first aid and emergency response skills

Many parents commented positively on the importance of ensuring children are equipped to navigate modern life safely and confidently.

Areas Parents Asked Questions About

Alongside the strong level of support, some parents requested additional information about when certain topics would be taught and how they would be introduced in an age-appropriate way.

The topics most frequently identified for further clarification included:

• Puberty and physical development
• Menstruation
• Human reproduction
• Sexual intercourse
• Consent and healthy boundaries
• Online content, including pornography awareness
• Safeguarding themes such as FGM and exploitation

Several parents also requested clear guidance on which year groups would cover particular topics and asked for opportunities to review information before teaching takes place.

How the School Will Respond

• Publish clear curriculum information on the school website.
• Continue to provide information through Class Dojo and other communication channels.
• Share information about specific areas of learning where appropriate.
• Ensure that all content remains age-appropriate and delivered in line with statutory guidance.
• Continue to provide opportunities for parents and carers to ask questions about the curriculum.
• Maintain a strong focus on safeguarding, wellbeing and personal development throughout the RSHE curriculum.

The RSHE Programme

Following the consultation process, the school will continue to deliver its RSHE curriculum through the **Life to the Full** programme, published by **Ten:Ten Resources** and approved by the **Catholic Education Service**.

The programme has been designed specifically for Catholic schools and supports the teaching of Relationships, Sex and Health Education within a Catholic context. It is fully aligned with Department for Education statutory guidance and aims to help children

develop healthy relationships, understand personal wellbeing, recognise their dignity and value, and make safe and responsible choices.

Parental Rights and RSHE

Relationships Education and Health Education form part of the statutory curriculum for all primary-aged pupils. All children are expected to participate in these aspects of learning.

Parents do not have the right to withdraw their child from:

- Relationships Education
- Health Education
- The elements of learning taught through the National Curriculum Science programme

Parents do have the right to request that their child is withdrawn from any non-statutory sex education that is delivered beyond the requirements of the National Curriculum. Should a parent wish to discuss this, they are encouraged to contact the school so that the relevant curriculum content can be explained and any questions can be addressed.

The consultation process did not determine whether statutory content would be taught, as schools are required to deliver this curriculum. However, feedback from parents has informed how the curriculum will be communicated and how information will be shared with families ahead of teaching.

Consultation Conclusion

Having carefully considered all feedback received, school leaders and governors are satisfied that there is strong parental support for the proposed RSHE curriculum.

While a small number of parents expressed concerns or requested further clarification regarding particular topics, especially around puberty and human reproduction, the overall feedback demonstrates broad confidence in the school's approach. These views have been carefully considered and will continue to inform how content is communicated to families and how learning is introduced in an age-appropriate manner.

The consultation process is now complete. The school will continue to deliver an age-appropriate, inclusive and safeguarding-focused RSHE curriculum, rooted in Catholic values and compliant with statutory requirements.

We remain committed to working in partnership with parents and carers, recognising them as the primary educators of their children, and will continue to provide information and opportunities for dialogue as the curriculum develops.

Finally, we would like to thank all parents and carers who took part in the consultation. Your feedback has been invaluable in helping us ensure that our RSHE provision supports children to grow up healthy, safe, respectful and well informed.