

# Physical Education Curriculum

## **Purpose of Study**

We intend to provide a high-quality, broad and balanced Physical Education curriculum, which inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

## **Rationale**

Our curriculum is designed to ensure progression across the full breadth of the PE National Curriculum for EYFS, KS1 and KS2. Content is sequenced so that pupils can build on secure, pre-requisite knowledge across the three pillars: motor competencies; rules, strategies and tactics; and healthy participation. Our pupils require lots of repetition to learn the intended movements and should not be moved on too quickly. To provide additional challenge, teachers are encouraged to change the context or constraints of a task, rather than move on to more complex or different domains of knowledge.

In EYFS and KS1, the focus of our PE curriculum is on the development of fundamental movement skills. In KS2, children should attempt to master basic fundamental movement skills and use those developed in KS1 in differing contexts to meet the needs of different sports, games and activities.

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## Implementation

Pupils participate in two high-quality PE lessons each week, covering two sporting disciplines every half term. The long-term overview sets out the P.E. units which are to be taught throughout the year and ensures that the requirements of the National Curriculum are fully met.

All P.E. lessons follow the Amaven scheme of work to ensure consistency across year groups. During lessons, pupils are encouraged to perform activities with purpose by reflecting upon either physical me, healthy me, thinking me and/or social me. This is to ensure pupils can move competently and intelligently, while also understanding how health and social skills apply to physical activity. The School Games values underpin all teaching to ensure that our pupils develop the correct values to succeed in sport and the wider curriculum.

P.E. is taught by a P.E. specialist to all children in Nursery (City Play Programme), Year 1, Year 2, Year 3, Year 4 and Year 6 (Junior Sports Stars) once per week. The lessons are based on the framework from the National Curriculum and are continuously developed to meet the needs of the children after discussion with the P.E. subject lead. Opportunities for staff CPD are available during these sessions.

Pupils in Year 4 and Year 5 attend swimming once per week at The Forum in Wythenshawe on a half-termly cycle. Pupils in Year 6 also have an annual residential trip at the end of the school year (Ghyll Head) in which they undertake a series of physical and challenging outdoor activities, including hiking, a ropes course and canoeing.

In the Early Years Foundation Stage, physical development is encouraged through engaging stories. Each story supports the delivery of semi-structured activities and ensures child-led learning whilst also engaging pupils in exciting learning sessions and bringing an informed approach to physical activity. Each page of the story is supported by an interactive game/activity that requires children to be active while also allowing them to practise different Fundamental Movement Skills and meet the Early Learning Goals.

We understand the importance of pupils applying their skills into a real life context; therefore, pupils are encouraged to participate in a range of extra-curricular activities. After school sports clubs (Sports Cool) are available three days a week, which children can attend free of charge or at a subsidised cost. Active break and lunchtimes are also encouraged with equipment being readily available for each key stage. Children are also invited to take part in competitions hosted by the Manchester PE Association, as well as competitions hosted by the Wythenshawe Catholic Academies Trust to engage in competitive sport. During the summer term, Sports Days are held for EYFS, Key Stage 1 and Key Stage 2 covering traditional sporting activities.

## **Impact**

Assessment for learning takes place in every P.E. lesson. Our whole school assessment system is used to grade pupils from 1 to 5 according to how successfully they meet each lesson's assessment criteria. Our progression of skills maps help staff to know what children should be showing at their relevant year group in each discipline.

In the Early Years Foundation Stage, teachers make observations through activities that encourage children to move physically. From these observations, teachers make their judgement using the Develop Matters document as their guide for what children should be able to do at that age and stage.

Assessment also takes place termly using Amaven Challenge Days. An Amaven PE challenge day is a fun and exciting way to measure a child's fundamental movement skills and create a solid foundation to monitor pupil skill development and fitness throughout their time at school. Results are uploaded onto the Amaven platform allowing teachers to analyse and compare class and individual data using radar charts. This data can then be used by class teachers to actively focus on particular class or individual weaknesses.