

# Physical Education Curriculum Statement

## INTENT

### Purpose of Study

We intend to provide a high-quality, broad and balanced Physical Education curriculum, which inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities.

### Rationale

Our curriculum is designed to ensure progression across the full breadth of the PE National Curriculum for EYFS, KS1 and KS2. In EYFS and KS1, the focus of our PE curriculum is the development of fundamental movement skills. In KS2, these skills will be further built upon when they are applied in specific sports. This progression is clearly identified on progression maps and our whole-school scheme of work.

It is our intention to ensure that all of our pupils have a positive and healthy physical and mental outlook to physical activity, sport and P.E. in the future, allowing pupils to discover where their own interests lie. Thus, within each lesson, we strive to give every child the opportunity to develop skills in P.E, consider the impact on their health and fitness, compete or perform and evaluate.

We also want our pupils to understand that the lessons learned in sports will help them to win beyond the field. In order to achieve this, we will embed the Spirit of the Games values into all taught lessons. We believe that this focus on physical literacy will enable our pupils to improve their decision making skills, enhancing their learning and development in P.E.

## IMPLEMENTATION

Pupils participate in two high-quality PE lessons each week, covering two sporting disciplines every half term. The long term plan sets out the P.E. units which are to be taught throughout the year and ensures that the requirements of the National Curriculum are fully met.

All P.E. lessons follow the same planning template to ensure consistency across year groups. Lesson plans include key teaching points, visual aids, clear progressions and assessment questions. Differentiation is also included using the S.T.E.P.S model, namely Space, Task, Equipment, People and Speed. During lessons, all pupils are to be encouraged to think about the following four 'Me's: Physical Me, Healthy Me, Thinking Me and Social Me. Lessons plans in EYFS include the same information. However, every lesson uses a storyboard as a stimulus to hook pupils into their learning. Framework areas developed are also listed in lesson plans, as well as clear continuous provision ideas.

P.E. is taught by a P.E. specialist to all children in Nursery, Year 1, Year 2, Year 5 and Year 6 once per week. The lessons are based on the framework from the

National Curriculum and are continuously developed to meet the needs of the children after discussion with the P.E. subject lead. Opportunities for staff CPD are available during these sessions. Pupils in Year 3 and Year 4 attend swimming once per week at The Forum in Wythenshawe on a termly cycle. Pupils in Year 6 have an annual residential trip at the end of the school year in which they undertake a series of physical and challenging outdoor activities, including a ropes course, a climbing wall and rowing.

We understand the importance of pupils applying their skills into a real life context; therefore, pupils are encouraged to participate in a range of extra-curricular activities. Morning and after school sports clubs are available each day, which children can attend free of charge. Lunchtime organisers supervise sports activities during lunch, which change depending on season or pupil interest. Children are also invited to attend multi-skills festivals, friendly sports matches held at different schools and take part in the Manchester School Games competitions to enhance learning further. During the summer term, Sports Days are held for EYFS, Key Stage 1 and Key Stage 2 covering traditional sporting activities; however, we focus during these events primarily on participation.

### **IMPACT**

Assessment for learning takes place throughout every P.E. lesson. Staff use the whole school assessment system to grade pupils from 1 to 5 based on how successfully they meet each lesson's assessment criteria. Assessment also takes place termly using Amaven Challenge Days. An Amaven PE challenge day is a fun and exciting way to measure abilities and create a solid foundation to monitor pupil skill development and fitness throughout their time at school. The activities focus on developing a child's fundamental movement skills. We believe learning these movements gives pupils confidence to try new activities and engage in a variety of sports. Results are uploaded onto the Amaven platform allowing teachers to analyse and compare class and individual data using radar charts. This data can then be used by class teachers to actively focus on particular class or individual weaknesses.

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