

# PSHE Curriculum Statement

## INTENT

### Purpose of Study

We intend to provide high-quality PSHE education which enables pupils to develop the knowledge, skills and attributes pupils need to keep themselves healthy and safe, and prepared for future life and work. We know that a well-delivered PSHE curriculum can have an impact on both academic and non-academic outcomes for all children.

Personal, social, health and economic (PSHE) education is an essential and necessary part of all pupils education helping them to become independent and responsible members of society. During primary school, all pupils should have built up a body of key foundational knowledge and concepts. In every PSHE lesson all pupils are encouraged to develop their emotional and social wellbeing, relationships and self-worth.

### Rationale

Our PSHE curriculum has been developed to provide opportunities for our pupils to learn about rights and responsibilities and to understand and appreciate what it means to be part of a diverse society. We expect all teachers to be able to have open and honest conversation with their pupils, allowing them to speak openly, without feeling judged or unheard. Teachers are expected to use the PSHE curriculum to equip pupils with the knowledge and skills they need to make informed and safe decisions. We believe that the purpose of PSHE is to educate children to be well-rounded citizens who are confident to make decisions that both affect them and the world around them. Through using the guidelines from the national curriculum and our school curriculum we cover the areas:

- Mental and Emotional Health
- Relationship Education
- Keeping Safe – Unintentional Injury Prevention
- Drugs and Alcohol
- Healthy Lifestyles
- Living the Wider World

We acknowledge the importance of PSHE and understand the value of discrete teaching. Although we are aware on occasions teachers may feel it necessary to teach PSHE, when an issue has arisen within their class, we have also embedded our teaching of PSHE through our 'statements to live by'.

Furthermore to this we intend to build a PSHE curriculum that incorporates the understanding of RSE so that children know more, remember more and understand more, this is discretely taught using guidelines from the National Curriculum and Ten Ten. As a result children will know how to be safe and understand how to develop healthy relationships, both now and in their future lives.

## IMPLEMENTATION

The PSHE curriculum covers the areas 'Physical, Social, Health and Emotional well-being' it also incorporates the teaching of RSE, British values and teaches children the importance of being part of not just a school community, but also a wider community.

Through the scheme 'TEN:Ten-Life to the Full' children have the opportunity to explore, ask questions and gain knowledge on their own personal growth and development. It unpicks difficult topics and uses videos to teach children about the emotional, social and physical changes they will go through during their primary years.

Through progression maps and I can statements, teachers can easily track which stage a child should be at in their development and through using progression in skills teachers can see and note the vocabulary children should be using for their age group. However, many attributes of PSHE, will also be taught through cross-curricular teaching; team-work in PE, patience with art, showing love and respect during RE, Collective Worship time and assemblies. So although PSHE is taught discretely through weekly sessions, it will also be seen throughout many other subjects taught at St John's.

A clear and comprehensive scheme of work for RSE, which directly links to the PSHE programme of study is implemented and is inline with the school mission statement and catholic values. Parents are given the opportunity to read, review and give feedback on this specific area and are offered the right to withdraw their child from some or all of the Sex Education, but are made aware that Health and Relationships is compulsory.

## IMPACT

Through a well-thought out and developed PSHE curriculum, we believe that this not only has an impact on a pupil's physical, social, health and emotional well-being, but also their academic success.

- Pupils will learn how to develop life skills and strategies, which they can apply to real life situations that they will face in modern day Britain.
- Pupils will build up a resilience and tolerance to a range of current global and environment issues and are given a sense of responsibility to look after our world.
- Pupils understand that there are many differences in our world, they are taught to be respectful and show kindness and generosity.
- Pupils will be given information so that they can make informed decisions about their future life choices.
- Through lessons provided by 'Ten:Ten – Life to the Full' pupils will understand how their bodies develop, both physical and emotional, as they grow and change.