



SS John Fisher & Thomas More Catholic Primary School

A Voluntary Academy

"Journeying together with Jesus Christ, we learn to love and love to learn."



Autumn Fitness Data Improvement to be monitored termly

	Star jumps	Speed Bounce	Shuttle run	Step up	Press up	Sit up	skipping	Standing stork
Y1EJ	18	13	6	13	14	7	8	17
Y1 LL	15	9	8	7	12	4	11	15
Y2EJ	18	13	7	8	12	9	11	14
Y2CD	22	25	9	13	15	5	16	23
Y3DC	50	30	13	32	12	20	32	27
Y3/4LH	58	58	14	38	31	18	74	26
Y4JL	39	28	14	25	19	18	34	27
Y5POH	56	28	15	34	27	27	37	29
Y5TS	54	33	6	26	17	12	44	28
Y6AMC	43	30	10	24	18	17	35	25
Y6FH	58	25	17	34	21	17	40	28

We have completed a baseline fitness test for each year class to monitor improvements in fitness over the year. Spring fitness test will be in the week beginning 19th March.